



Pre-Tan Instructions

Follow these instructions before getting your spray tan to ensure the absolute best results!

Shave about 12 hours before your spray tan session, NOT immediately before

Exfoliate properly before your spray tan with an oil-free exfoliant. Start exfoliating from the top of your body and work your way down.

Wait at least 24 hours to wash your hair.

Do NOT apply any products to your skin. Products will create a barrier between your skin and your spray tan. This includes deodorant, lotion, perfumes, prep sprays, pH balancers, makeup, etc.

Do NOT wear tight clothing, light colored clothing, a hat, bracelets or necklaces, sandals or any type of clothing that will rub against your skin when you move.



Spray Tan Aftercare Instructions

Wait 8-12 hours for your color to develop before showering. We highly recommend waiting the full 12 hours if able!!

Do NOT use soaps, exfoliants, shower gels, or shampoos on your body during the initial rinse. Use water ONLY and do NOT shave arms/legs.

Wait at least 24 hours to wash your hair.

After your first shower, PAT dry with your towel.

Do NOT rub the water off with your towel.

After your first shower, you can apply deodorant, lotions, and perfumes. You can also workout, sweat, and wear regular clothes!

**Moisturize your skin regularly to maintain your
spray tan.**